



ANCIENT PRACTICES THAT CONNECT YOU TO NATURE

with Michael "Pondhawk" Gulbrandsen



April 30, 1pm

Wisdom from the Council of Rocks, Walk

If you are unclear as to what your next move might be or can't find an answer no matter how many times you go over the issue, then a Wisdom Walk is for you. \$40 per person



June 10, 10 am

The Medicine Wheel

In this ceremony we will create a Medicine Wheel in the Fern Grove of Inner Circle Farm. Participants are asked to bring one or two watermelon sized rocks from their home to be placed in one of the sacred spots of the wheel. The grove will be opened using an ancient Druid practice.

After lunch participants will be taught how to use the wheel, to quietly enter the East Door of the Medicine Wheel. Slowly begin your walk clockwise around the entire inner circle. Sit near a stone and take a sacred journey. \$65 per person

REGISTER



Inner Circle Farm:

40 White Hawk Trail, Patterson, NY, 12563



Call Michael at (845)489-7250



LivingRoomGatherings.com/events





“Plants want to connect with the people of the land around them, so I instruct people how to make this connection with Grandmother Earth and its inhabitants by Walking the Trail. You have to pause and take in the magic, slow down your senses. See the forest from the Squirrel’s Eyes and listen to Nature’s Whispers” - **Michael “Pondhawk” Gulbrandsen**

Michael brings a lifetime of study, of Ancient Native Practices, Plant and Animal Communication, and Healing Work, facilitated by trained Elders to Natures Whispers. His ongoing intention is sharing this gift with others.

**Scan QR Code for more info
+ register online or call
(845)489-7250**

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